

## **School Health Advisory Council (SHAC)**

### **What is a SHAC?**

Every independent school district is required by law to have a SHAC (School Health Advisory Council). A SHAC is a school board appointed advisory group of individuals who represent different segments of the community. By law, a majority of the members must be persons who are parents of students enrolled in the district and who are not employed by the district. The NYOS SHAC is made up of parents, community members, and school staff working together to improve the health of all students and families.

At a minimum, SHACs must address the responsibilities outline in Title 2, Chapter 28, Section 28.004 of the Texas Educational Code.

The School Health Advisory Council reviewed the NYOS Charter School Wellness Policy and ensures the following:

- Students participate in at least the minimum required amount of physical activity for all grades:
- district campuses comply with the Texas Education Agency's vending machine and food service guidelines for restricting student access to vending machines; and
- the district has adopted and enforces policies and procedures that prescribe penalties for the use of tobacco products by students and others on campus or at school-sponsored or school-related activities.
- Parents can request in writing their child's physical fitness assessment results at the end of the school year.

The SHAC met four times in the 2014-2015 school year and will resume quarterly meetings in the 2015-2016 school year.

### **2015-2016 SHAC Meeting Dates:**

September 1, 2015

January 26, 2016

March 22, 2016

May 3, 2016

If you are interested in joining the SHAC or for more information, please contact Alyssa Moore at [amoore@nyos.org](mailto:amoore@nyos.org)